

World Schema Therapy Day 2025

Schema Therapy for Children,
Adolescents and Parents (ST-CA)



ST-CA International Programme

In addition to the rich Programme of individual Schema Therapy of this year's WSTD, we are delighted to offer a full-day international track dedicated to Schema Therapy for Children and Adolescents (ST-CA).

Our goal is to make Schema Therapy accessible to colleagues who work with younger clients. Each presentation is thoughtfully designed to be clear, engaging, and easy to follow. If you're not yet familiar with ST-CA, we recommend starting with the first presentation in our series, *Introduction to ST-CA*, as it provides a solid foundation for understanding and applying the approach in work with children and adolescents.

Language & Format

- The ST-CA track is international, and will be partly live (before lunch) and partly pre-recorded (after the lunch break).
- All presentations will be delivered in English.
- Most Recordings will be available afterwards on YouTube.

This track offers a rich and diverse range of topics, with presentations from renowned international experts who explore specialized areas of practice. The content addresses clients of all ages and backgrounds, and covers a wide spectrum of psychological difficulties across various cultural contexts and therapeutic settings—including schools, clinics, and family systems.

Together, these talks form a vibrant bouquet of insights—reflecting the spirit, creativity, and many dimensions of Schema Therapy for children, adolescents, parents, and beyond. We warmly invite you to join us and be part of this inspiring event!

Registration: click [here](https://us02web.zoom.us/webinar/register/WN_Ylp4wRPDS7yuX7r7pKG0Dw) (https://us02web.zoom.us/webinar/register/WN_Ylp4wRPDS7yuX7r7pKG0Dw)

ST-CA Programme

The event runs from 9:00 a.m. to shortly after 6:00 p.m. (CET).

Please note that the program is preliminary and may be subject to changes in sequence or timing as needed. To confirm the correct start time in your time zone, we recommend using a reliable time conversion tool such as [World Time Buddy](#)

- **09:00-09:10 (CET) - Welcome** – Christof Loose (Ger), Maria Galimzyanova (Rus), Diana Teodorescu (Rom) -live-
- **09:10-09:40 (CET) - Introduction: Schema Therapy for Children and Adolescents** – Christof Loose (Ger) -live-
- **09:45-10:15 (CET) - Creative Ways of Strengthening the WISE and COMPETENT MODE** – Diana Teodorescu (Rom) -live-
- **10:25-10:55 (CET) - Brief overview of Schema focused EMDR for Children and Adolescents** – Estelle Macdonald (NZ) -live-

BREAK (11:05-11:15; CET)

- **11:15-11:45 (CET) - Case Presentations in Working with Children – Getting to Know the Group of Modes That Come to Treatment** – Gal Geffen (ISR) -live-
- **11:55-12:25 (CET) - ST with adolescents and schema coaching with their parents** – Maria Galimzyanova (Rus) -live-
- **12:35-13:05 (CET) – The use of creativity, art and play in ST-CA** – Katharina Aggeli (GR), Roza Laios (GR) -live-
- **13:15-13:45 (CET) – Chair Work with Adolescents including Sensorimotor Therapy** – Katja Molnar (CH/FR) -live-

BREAK (13:55-14:55; CET)

ST-CA Programme

- **14:55-15:25 (CET) – Taming the inner bully: Understanding the inner critic in adolescents** – Alison Bocquee & Graham Kell (AUS) – video recording –
 - **15:35-16:05 (CET) - Emotional avoidance in ST-CA and in parents** – Arja Suovesi-Pöysti (FI), Niina Jukkara (FI) – video recording -
 - **16:25-16:55 (CET) - The Role of Parents in ST-CA** – Deniz Aktan & Gökçen Güven (TR) – video recording –
 - **17:05-17:35 (CET) - The New Network: Parents and Children in one group** – Sergio Morales (MX) – video recording -
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- **17:45-18:00 (CET) – Closing remarks and discussion** – Christof Loose (Ger), Maria Galimzyanova (Rus), Diana Teodorescu (Rom) – live –
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We look forward to seeing you there!

The CA-track of [WSTD 2025](#) is hosted and organized by the Special Interest Group for Children and Adolescents ([SIG-CA](#)), represented by Christof Loose, Maria Galimzyanova and Diana Teodorescu, on behalf of the ISST (e.V.)

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